COVID-19 Flowchart for Students and Staff Members

- 1) This flowchart is valid for people of normal health, without underlying illness.
- 2) Always start at "start" and follow questions in order.
- 3) Answer all questions. Don't skip around, as this can lead to an incorrect result.
- 4) This flowchart has been designed and is regularly updated based on guidelines from the RIVM (National Institute for Public Health and the Environment). If you have questions, call 08001351 (free of charge, 8h-20h). For more information, please check www.rivm.nl/coronavirus-covid-19 or https://quarantainecheck.rijksoverheid.nl/en

START HERE:

Did you do a self-test and the result was positive? OR *Do these symptoms fit in Do you have one or more of the following COVID-19 symptoms? with usual/familiar health • Cold symptoms* (runny nose, sniffy nose, sneezing, sore throat) problems such as chronic respiratory symptoms, • Elevated temperatire (37.5°C or higher) hay fever or asthma? If so, Shortness of breath you may go to school. Sudden loss of smell or taste (without nasal congestion) NO YES Have you recently Have you had contact You must stay home and NO 、 traveled to a very high with someone who get tested. risk country or one with a tested positive for virus variant of concern? COVID-19? YES YES You must check https://quarantainecheck. You may go to school. rijksoverheid.nl/en You may go to school. You must continue to self-test and monitor your health.

When to test:

- If you have symptoms of COVID-19. If negative, do a new test on day 2, (24 hours later).
- If you have recently returned from a very high risk country or one with a variant of concern, check https://quarantainecheck.rijksoverheid.nl/en.

When to stay home:

- If you have had a positive test.
- If you have COVID-19 symptoms.
- If you have returned from a very high risk country or one with a variant of concern, check https://quarantainecheck.rijksoverheid.nl/en.
- If you are waiting for your test results.

This flowchart was last updated on June 15, 2022. Please nurse@ash.nl to report a positive case.